

Modified Rules for 8s and 10s grades

8s & 10s touch at Redlands is played to the general rules of the 8th Edition of the Rules of Touch Football Australia with the following modified rules.

- 5 players on the field.
- use 1/2 field- 35m wide x 50 m long.
- acting half can't run with the ball, they must pass it.
- the defence cannot move up until the 1st receiver has caught the ball.
- coaches can stay on the field but must wear a high vis vest and not interfere with the play.

For example-coaches should not move up in the defence line with their team.

8s grade only will play a "one mistake rule". In every set of 6 the attacking team
is allowed one mistake which will count as a touch. i.e, a dropped ball on the 2nd
touch will count as touch 3 and the ball is retained.

Special notes

Subbing- whilst there may be no specific sub box marked out, teams will share an area either side of the halfway mark and make subs from there.

Defending team- As per the 8th Edition rules, players cannot remain standing on the try line when the ball is 7 metres or further from the try line. They must move forward to attempt to make a touch.